

MCSA News

PO Box 1122 * Shelton, WA

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April 2019

Volunteers Needed!

By Lynn Ludeman

Hello MCSA Members,

Here is the list of current MCSA Volunteer needs. Take a look and let me know if you see anything you'd like to volunteer for or learn more about.

Air Pistol Booth –

Matlock Old Timer's Fair, at the Mary M. Knight School in (Matlock) Elma, WA **May 4 & 5**

Shrimpfest in Brinnon, WA May **25 & 26**

Oysterfest in Shelton, WA October **5 & 6**

If you are interested in putting your name on a list to help set up, tear down or work the booth for any of the above 3 events, please email Lynn at secretary@masoncountysa.com.

Intern for Board Offices – see or contact any board member for more specific task information.

Janitorial – someone to clean the meeting room and bathroom, spelling off weeks with other members also doing this task. The more people who are willing to help, the less often your turn would come around!

Brass Wrangler(s) – someone to empty the brass barrel in the range, then be on a committee to help clean, sort and package the collected brass for sale. (THIS PROJECT IS STILL IN DEVELOPMENT)

Junior Program Help – we are looking for help in the meeting room or as RSO and / or Coach.

Become a Range Safety Officer - Every shooting event at MCSA is an opportunity to serve as RSO. If you have your current certification, please consider volunteering as an RSO. If you don't, but are interested in becoming one, the next class will be offered at MCSA on April 27 & 28. Contact Training Chair Dan McCarty, training@masoncountysa.com if you'd like to help in this way.

Join a Committee!

Christmas Party – Looking for a new Chairman and committee members, the arrangements for this year have already been started but there are small details that come up throughout the year. See or contact Lynn for more specific information. secretary@masoncountysa.com or 206-406-3562.

Grant – Looking for a Chairman and could use more committee members than there are. Need someone with leadership skills and focus, projects are identified, we just need to be able to fund them!

Membership – Help with filing and phone calls.

Raffle – Help sell tickets for volunteer hours. See or contact Bill Zeigler, wmzeigler@msn.com or 206-919-0488.

Volunteer – join committee, mostly this is done on the phone, email or in person, getting members signed up for projects, more help is always welcome! See or contact Lynn, secretary@masoncountysa.com or 206-406-3562.

If you have a skill or talent that you think could be applied to better the club, speak up! We'd like to hear from you.



**The range is closed
Wednesday, April 17 from 6 AM
to 2 PM for maintenance!**

**Please come to the Jr Program Reception
at 6 PM before the May 1 General Meeting
at PUD #3!**

**Welcome to the new Executive Officer,
Mark Gardner!**



Ladies of Caliber

- Apr 21 Ammo / Caliber and Sight Adjustment clinic with Gene Scherer
May 19 Holster Fit & Choice
June 16 Plate Race Tutorial with Greg Beck
July 21 Field Trip, details to come
Aug 18 Open Topic
Sept 15 Defensive Drills with CRSO Terry Miller
Oct 20 Chief Deputy Sheriff Ryan Spurling will speak
Nov 18 Firearm Cleaning Clinic with Gary Mills of Curly Wolf Guns
No LOC event in December

We meet from 3 – 6 PM, 3rd Sunday of the Month. Cost for each meeting is \$8 MCSA member/ \$10 nonmember.

Bring your unloaded firearm in a box or bag, at least 50 rounds of ammunition, eye and ear protection and a brimmed hat. Most meetings include range time for practice in addition to the program.

Contact Kim 360-507-0009 or
Lynn 206-406-3562

Check out our Facebook group [Ladies of Caliber at MCSA](#)

Mason County Sportsman's Association Board of Directors

info@masoncountysa.com

President:	Arne Anderson:	360-877-9081
Vice President:	Tiffani Prouty	360-870-1119
Treasurer:	Marv Voskuhl:	360-426-6461
Secretary:	Lynn Ludeman:	206-406-3562
Executive Officer:	Mark Gardner	360-791-4256
Jr. Program:	Allen Bragg:	360-426-9157
Trustee:	Keith Vanderwal:	360-426-1114
Trustee:	Eugene Scherer:	360-426-2745
Trustee:	Gordon Osberg:	360-426-5172

MCSA Event Schedule

First Sunday	9:30 am: USPSA Match
Third Sunday	3 pm: Ladies of Caliber
First Tuesday	5 pm: Practical Pistol Competition
Second Tuesday	5 PM: Action Pistol League
Third Tuesday	5 pm: Tactical Carry Action Pistol League
Fourth Tuesday	5 pm: 2Gun Action Pistol League
First Wednesday	6:30 pm: General Membership Meeting
Second Wednesday	6 pm: .22 Rifle Shoot
Third Wednesday	6 pm: Plate Race
First Thursday	6 pm: NRA Winchester .22 Pistol Marksmanship
Second Thursday	6 pm: Steel Shoot
Third Thursday	6 pm: NRA Winchester .22 Rifle Marksmanship
Fourth Thursday	6 pm: Winchester Defensive Pistol, .380 or larger cal pistol
Fridays	6 pm: Bullseye

Please go to Masoncountysa.com and click on "Club Calendar" tab for the current schedule.

If you ever wonder what's going on at the range this week, check out our ad with the week's schedule on the back page of



Training Schedule for 2019

If you have ever thought about getting some additional training, check out the opportunities below:

April 27 & 28	NRA Range Safety Officer Certification
June 8 & 9	NRA Basic Pistol Course
July 13	Multi State Concealed Carry Class
Sept 7 & 8	NRA Basic Rifle

For full details on each of these classes, go to www.masoncountysa.com, click on Training and Education tab. You can also email us at training@masoncountysa.com.

Raffle Central

By Bill Zeigler

The drawing for the CZ Scorpion was held at the April 3rd MCSA general and the winner was a long time member, Jerry Marcy.

The S&W two pistol raffle is going well and I have only a handful of tickets left, then they are gone. You might want to stop at Verle's or Renegade to get your tickets. I hope to have a few left to bring to the upcoming MCSA General Meeting on May 1st. They will all be gone very soon. Thanks to our friends at Smith & Wesson (especially Kelley) for the promotional products that are making the raffle tickets go so quickly and the fun we are having doing so.

Soon I will have posters and tickets for the next raffle, which will be the Mossberg #500 Combo shotgun. I'll print 1,200 of the \$2 tickets.

Bill Zeigler
206-919-0488

News Update

- The Committee working on the By-Laws is getting close to having a final edition to present to the membership! Stay tuned!
- Keep in mind we have visitors who use the range bathroom, so please clean up after yourself! There is a Range Inspection Sheet that is supposed to be completed after every event or sanctioned gathering.
- Please remember to remove the magnetic door block once you've gone into the range to shoot, to ensure the door is closed and locked while no one is in the training room.
- Don't forget to turn on the fans when you are shooting in the range! It's better for you and helps to keep our range cleaner.
- **Reminder:** Our range does have restrictions on what can be fired. Please remember to check your ammo, which must not exceed a velocity of 1500 fps.
- **Please don't shoot at the target hangers!**
- Only take your brass, don't go through the barrels and take more. The brass in the barrels is sold and the funds used to support the Junior Program.

THANK YOU!

Thanks to Lani Tucker, owner of Sister's Restaurant in Shelton, for her 3 years of support of the fund raising raffle activities of MCSA. She has offered discount coupons for our raffle tickets and has helped make our fund raising activities successful. As a thank you, please visit Sister's and enjoy a great meal and say "Hello" from a MCSA member. Don't forget to take your discount coupon ticket stub with you.

Your Raffle Committee



Friends of the NRA Banquet

By Fred Nachbar

On March 2, 2019 Bill Zeigler, Marv Voskuhl, Allen Bragg, Dick Krase and I attended the Friends of the NRA Banquet at the Emerald Queen Convention Center. Mason County Sportsman's Association, through Allen Bragg, bought a table at the event. Buying a table entitled MCSA to select a firearm from a list of firearms. This year the firearm selected was a Mossberg Model 500 with both a shotgun and a rifle barrel.

Also included with the table are a number of tickets that one can deposit into various buckets for drawings. Any winnings using these "table tickets" belong to MCSA. In addition, you are free to buy more tickets for yourself and any winnings from those, of course, belong to you.

I am happy to report that MCSA did very well at the drawings. **Bill Zeigler** won a handsome ceramic birdhouse, ladies bracelet and coffee cup; **Marv Voskuhl** won, for MCSA, a limited edition "Freedom" .357Mag single action western style revolver. It has a Stars and Stripe motif on the hand grips and very beautiful "ghost etching" on the barrel, cylinder, frame, and an Eagle on the hammer. **Dick Krase** won, for MCSA, a very nice wooden model of a B-17 bomber. Dick also acquired for himself a knife, a Vortex Strike Eagle 1-8x scope, a cooler with various smoked meats and coffee and a certificate to attend a Front Sight training course. I won, for MCSA, a very good looking Henry Rifle break action, single shot, brass body, NRA commemorative rifle chambered in .45-70.

The aforementioned firearms will be raffled off at a later date to be determined by our raffle chairman, Bill Zeigler. The other MCSA winnings will become part of the door prizes at the Dec 8, 2019 Christmas Party to be held again at the Lake Limerick Club House. This party is always a great end of year gathering for our club members.

Also at the Friends of the NRA banquet, MCSA was presented with a \$3500 check. Allen Bragg accepted the "presentation check" on behalf of the Junior Program. The actual check arrived March 16 and Allen has already placed the order for a new Anschutz target rifle.

We had a good time, enjoyed a great dinner and met some fellow NRA members from around the Sound. The Friends of the NRA Foundation, through this annual dinner program, has made numerous grants to MCSA. The grants funded range improvements while also a majority of the Junior Program equipment.

I encourage members to come out and support this

worthwhile endeavor and have fun at the same time. I'm looking forward to next year!



Newsletter

Please feel free to submit an article or picture for consideration in the newsletter. The newsletter depends on articles of interest to our members. Please let us know if you have any ideas for an article, or if you would like to write one. Please send to valeriejean91360@yahoo.com

Members of MCSA

By Frederick Nachbar

As many of you know the target hangers at the range were renewed last spring and the lower hangers were renewed this past autumn. This was done, in both cases, with heavier gage metal.

It has come to our attention that a person or persons have been abusing the hangers by using calibers not authorized by the range and in the case of the lower hangers by hanging them incorrectly and using calibers not authorized. This damaged these hangers significantly.

In the interests of keeping the range functional and keeping the dues reasonable we are asking that those persons cease from using unauthorized calibers and learn how to hang the lower target hangers.

The following pictures show the proper way to hang the lower target hangers.
The lower target hangers are primarily used for the Junior's rifle team's practice and competition.
Members' cooperation is greatly appreciated.



Terry Miller (R) awarding Winchester Program awards to Adam Boing (L) and Clayton David (C). Congratulations gentlemen!



Visitor at the March General Meeting...Mason County Sheriff's K-9 unit.

Action Shooting Matches

By Charlie Travaglione

2018 was a very successful year for MCSA sponsored Action Shooting Matches. The matches were held every Tuesday, 2nd Thursday and 3rd Wednesday of every month at 6 PM. We had a spring series and a fall series consisting of 6 matches each for the various and slightly different shooting disciplines. Total entries for the year for all matches were over 700. For 2019 we will slightly change the schedule by having a 10 month series, keeping August and December for make-up matches, training and fun shoots.

Charlie Rhubart, Match Director for Action Pistol, describes a little bit about his matches: "Action Pistol is a pistol competition shot on the second Tuesday of every month. It provides new shooters a venue that can introduce them into USPSA and IDPA style competitions, while providing veteran shooters the opportunity to hone their skills. The participants get to shoot and move to several different locations engaging a variety of targets, sometimes behind cover or through a port. It involves shooting paper and steel targets sometimes moving or partially covered with "no shoot targets" We usually shoot two stages of 24 rounds. It is a timed event but favors shooting accuracy over athletics. The distance from one shooting location to the next is minimal. "

The atmosphere is always friendly. We have experienced RSOs to keep it safe and provide help for any shooters who need it. New shooters are very welcome and will be provided with a pre-match briefing designed to help them with the rules and safety procedures of the match.

Basic equipment needed: eye and ear protection, an approved outside the pants holster (no soft holsters), ample reloading devices for 24 rounds, a semi-auto pistol or revolver of .380 ACP or larger caliber.

Here are the award winners for the Action Shooting Matches held last fall. The shooters listed below have competed in at least 4 of the 6 matches held from July thru December of 2018. The shooters score is the average of their best 4 scores out of the 6 matches held.

Practical Pistol Competition (PPC): Semi-Auto Division – 1st Place was Jack Fitch with an average score of 592 out of a possible 600 points or 98.7 percent. 2nd Place, Brad Glover – 587. Then, Dennis Boos – 586, Mark Gardner – 583, Charlie Rhubart – 572, Jim Harris – 560, Charlie Travaglione – 555, Bill Englund – 548, and Brian Schneidmiller – 531. **Revolver Division** – 1st Place, Brad Glover – 591, 2nd Place, Jack Fitch – 579.

Action Pistol: 1st Place, Brad Glover - Average time – 86.7 seconds. 2nd, Charlie Rhubart – 100.9, Mark Gardner – 102.1, Dennis Boos – 104.2, Bruce Clapp – 109.8, Charlie Travaglione – 115.2, Jack Fitch – 115.5, Bill Johnston – 120.6, Matt Crane – 121.2, Bill Englund – 138.7, Rob Sterling – 171.3, and Dave Darby – 180.2.

Tactical Carry: Open Sight Division – 1st Place, Brad Glover – Average time 97.34 seconds. 2nd, Dennis Boos – 110.5, Mark Gardner – 136.8 and Michael Graham – 173.9. **Laser Sight Division** – 1st Place, Charlie Travaglione – Average Time – 101.52 seconds. 2nd, Charlie Rhubart – 126.3, and Matt Crane – 145.3.

2 Gun: 1st Place, Bruce Clapp – Average time 110.0 seconds. 2nd, Brad Glover – 110.5, Matt Crane – 123.5, Charlie Travaglione – 145.5.

Speed Steel: 1st Place, Charlie Rhubart 33.5 seconds. 2nd, Dennis Boos – 41.6, Charlie Travaglione – 49.9, Matt Crane – 54.2, and Bill Englund – 66.7.

Following is the planned 2019 Action Shooting schedule each month except for August and December:

First Tuesday – Practical Pistol
Second Tuesday – Action Pistol
Second Thursday – Speed Steel
Third Tuesday – Tactical Carry
Third Wednesday – Plate Race
Fourth Tuesday – 2 Gun

For more information contact Charlie at CharlieT@hctc.com.

What I learned at the Volunteer Workshop

By Joline Moore

On Saturday, February 26, at the MCSA club meeting room, several of us met to hear about ways that we, as members of MCSA, can help volunteer our time. Lynn Ludeman opened the meeting by introducing members of the club that are currently chair persons or officers of MCSA. Being a new person, it is always good for me to see faces and put names to them as often as I can. It's hard when you are new to get to know names and people.

There are many ways you can help with volunteering this year. We heard about some new ways to volunteer as well as the many ongoing needs for volunteers in the club. Our club is run by volunteers from the Board members to the instructors, RSO, trainers, coaches, janitorial, Air pistols, youth program....everything that we do is volunteer! Please join in wherever you can, use the abilities you have or learn how to do something new. The only way we make our club stronger is to all pitch in and get things done.

We heard from Terry Miller, our CRSO (Chief Range Safety Officer) and NRA instructor. He encouraged current RSO's to be active in different shooting events as well as told us about how to become a RSO. RSO's are always needed to volunteer at Youth practices and events, including the weekend classes MCSA offers.

Marv Voskuhl introduced an idea for a Brass Wrangler, someone to frequently empty the brass barrel at the range and organizes people to help sort and package collected brass for sale. Keith Martin has volunteered to head this project up and the process is in development, but if you'd like to be one of the members to help with this once they get a process established, you can contact Keith by email: mkeithmartin@yahoo.com or by phone: 805-231-2937.

Bill Zeigler talked about our monthly raffles and can use help selling them. You can contact him by wmzeigler@msn.com or 206-919-0488

Lynn brought up the fact that we need to have someone (or more) to help with janitorial jobs in the meeting room and bathroom at the club. This can be several people that can rotate through this job. Help is especially needed after a Match, especially when there are a larger volume of people using the facility. Call Lynn Ludeman if you can help with this at secretary@masoncountysa.com or call 206-406-3562.

There is also a new need in volunteering as an intern for Board offices. If anyone is interested in knowing what it entails to be a board position (President, Vice-President, Secretary, Treasurer) and would like to know what those positions entail....you can shadow or work with one of these positions to see what it is all about. Please talk to any of our current officers or call Lynn Ludeman.

Val Martin does our Newsletter and always encourages people to write articles about classes they have taken, events that they have attended and activities that are going on. Please contact her with anything (large or small) that you would like to write about or have pictures for. Her contact information is valeriejean91360@yahoo.com.

There is a need for some volunteers to help with the Junior Program. We are looking for help volunteering in the meeting room while they are practicing (this would be a great volunteer job for a spouse of an RSO that is working on the range during the same time), also need RSO's or Coaches for the program. You can contact Terry Miller or Lynn.

One of the largest areas where volunteers are needed, and is actually a lot of fun, is helping with the Air Pistol Booth. This year there will be 3 opportunities to help get the booth ready, set it up on site, staff it for the 2 days that we run it and then help take it down and store it. Whew! We will be at Matlock Old Timers' Fair on May 4 and 5, Shrimp fest (Brennon) on May 25 & 26 and then Oysterfest (Shelton) October 5 & 6. If you have not had a chance to come and volunteer at the booth, please come and check it out. It is really a lot of fun and many hands are needed to put this together each weekend. Before the first event, I know that the booth is set up, checked for anything that needs to be fixed and often painted to get it ready for the event. It takes a lot of people to do this. It is our main fundraiser for helping with our Youth Program and Safety programs that we run. Keith Martin is our Air Pistol Booth Chairman and would love to talk to you about helping out with the Booth. Please contact him if you are interested at email: mkeithmartin@yahoo.com or by phone: 805-231-2937.

We had a great session together, hearing from committees and Board Members regarding the many, many ways we can all help get our volunteer hours. I didn't specifically explain how volunteer hours are collected because each volunteer job has its own way of accumulating volunteer hours. Most things are just straight 1:1, but other volunteer activities accumulate differently. You can ask Lynn Ludeman about this as well (or almost anything). If she doesn't know, she'll point you to someone that does.

I would like to encourage all of you do find a way to volunteer, not just because it makes our dues less, but because it is a fun thing to do for the good of the club.

With Winning in Mind: Mental Management System –

Part 4

Compilation by Carla Baker

Principle Number 2 - *What you say is not important. What you cause yourself or others to picture is crucial.*

The image your words convey is more important than what you actually say. The words you say affect you as well as anyone hearing them.

Remember the jest, "Hey dude, don't miss the target"? Because of how your conscious mind works, those words create a picture in your mind of missing the target, just as much as if the friend said "Dude, miss the target." It is important to get in the habit of framing your words to say what you want to happen, "Hit the target!"

Instead of telling a friend, "You are jerking the trigger", use words to make them picture how to do it right. "Gently pull the trigger like you are sneaking up on it."

Lanny's **Action Statement for Principle Number 2** - *I always give myself commands in a positive way. I remind myself that what others are picturing, as a result of hearing me speak, is crucial to proper understanding.*

What would you write as your affirmation for Principle Number 2?

When you are learning anything - piano, golf, parkour, Sudoku, shooting - it seems so difficult. Your performance is difficult because it's being done consciously. Most skills need you to multitask. Remember, your conscious mind can only do one thing at a time, so it needs help, which it gets from the subconscious mind.

All skills are developed in the subconscious mind. When you are first learning to shoot, hold control feels awkward and your fingers have a mind of their own. Do something consciously long enough, and the skill is automated by your subconscious. In time arranging your fingers around the grip in just the right way will be natural.

Of course, then you'll want to learn how to shoot with your non-dominant hand controlling the shot. The first time you do, it's going to feel like you're holding a live eel! By the end of an evening, it will start feeling more natural. The more different facets you learn, the faster your brain and body accommodate to newness.

Your conscious mind struggles to learn new things because it can only do one thing at a time, while your subconscious can do many things at once. It is estimated that your subconscious can do over a million things at once: breathing smoothly, digesting food, controlling your muscles so you don't fall down, holding your pistol in the low-ready position, listening to the instructor, watching the person at your table and noticing where they are pointing their pistol... the list goes on and on and on.

You want to practice until your subconscious automatically controls the many minute parts of what you are doing. A shooter with subconscious trigger control will activate the trigger when the sites are aligned. If the shooter is still consciously activating the trigger, they are sure to move the pistol as they do and often miss the shot.

The subconscious mind is where your skills are developed.

My Start Into Reloading

By Bruce Clapp

My first exposure to reloading was when I just starting high school. I had a 22 LR bolt rifle, but nothing else. In my Boy Scout Troop, in which I was very active, there were two guys that I was friends with, and their dad was really into shooting. I would go with them often to shoot, but really liked the pistols that their dad had. It was a little more exciting than that 22 rifle that I had. One thing led to another, and I decided that I wanted to get my own pistol. I started saving my money that summer working full time and mowing lawns. My first pistol was a Thompson Center Contender 10" in .357Max. I kept it in the bottom drawer of my dresser. When I bought the pistol, I also had to get ammo to shoot. Back in the early 80's, .357Max wasn't sold at every corner store. I was looking to shoot my pistol at IMSHA Silhouette Matches out to 200M. That just about mandated that all my ammo was going to need to be reloads. I bought some new brass, a box of 50 for .357Max and a box of 100 for .357Magnum. My friend's dad took the time to teach me and my dad how to reload ammo. Since he was shooting the same pistol at matches, he already had loads developed for both of these cartridges, and knew how they would shoot in my gun. I finally got all of the new brass that I bought loaded up. The first time I went to shoot my new pistol with my own handloads was a very memorable experience. I had my own Thompson Center Contender 10" pistol chambered in .357Max, and was shooting ammo that I reloaded myself. I remember thinking, "I made this ammo and now I am shooting it!" Not long after, I started shooting at IMSHA matches where steel targets in the shape of chickens, pigs, turkeys, and rams were set out at distances from 50M to 200M. Another memorable experience was knocking down my first ram at 200M.

When I went off to college, I had to spend most of my time on my studies, so shooting took a back seat, more like last row. Fast forward a few years. About 15 years ago, I decided I wanted to get back into shooting. At first I was reloading a little here and there. Enough to meet my needs for shooting every couple of months. I would usually buy powder and bullets at an area gun store, but the prices were high and the selection was low. But since I didn't need but 50 rounds every other month or so, it was OK. Wanting to shoot more, I started to look around. I came across MCSA, and decided to go out to one of the Tuesday night events. I was really intimidated because these shooters seemed like pros with their fancy equipment and guns and gear. The first night that I was there, one of our members, Steve Hunter, helped me out, went over everything that I needed to know, and helped to put me at ease. It was a really fun night, and I decided that I wanted to start doing this weekly. Which meant that I needed more ammo... A lot more ammo...

I started to look around to find better sources for bullets, brass, powder and primers. I came across an excellent resource for reloading materials that is local to the Seattle area. Wes Sage sold bullets out of his house, and occasionally had powder and primers. Wes Sage was also a tremendous resource and a wealth of knowledge about reloading, and would often teach reloading classes, one on one, to help teach people how to start reloading. Wes Sage's efforts have grown into two resources that I want to share with anyone at MCSA that currently reloads their own ammo, or is thinking about starting. The first resource is www.sagesreloadingforum.com. This is a place where you can go to learn about all things reloading, ask questions, find answers for reloading problems, and access the collective brain-think that is available on the forum. The second resource is www.sagesreloadingsupply.com. You will find all kinds of deals on bullets and brass, and the prices are lower than you will find at the big store in Olympia or even directly from the manufacture. Wes is known for his speedy shipping, and the crazy efficient packaging of each box. If you order on a Friday morning, you will have your order delivered Monday afternoon, and the box will arrive intact, but you may need to get out some tools to open the box! There is a section on the forum dedicated pictures of the packages that people have received.

If you are interested in learning how to reload, or have questions about what is involved to start reloading, feel free to reach out to me. I am usually at the range on most Tuesday nights. If you have been reloading for many years, I would like to encourage you to start looking for one or two young individuals that may want to learn how to reload. The time that you spend investing in them will be used over and over for many years to come. Happy Reloading!

Bruce Clapp



“In the Spring a young man's fancy lightly
turns to thoughts of love.”

— **Alfred Tennyson**

“In the Spring a young man's fancy lightly
turns to thoughts of love and S&W raffle
tickets.”

— **Bill Zeigler**
